



HAPPEN

Health & Attainment of
Pupils in a Primary
Education Network

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Health and Attainment of Pupils in a
Primary Education Network

What is on offer for schools...



Prifysgol
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National Centre for Population Health & Wellbeing Research
Canolfan Genedlaethol ar gyfer Ymchwil ar Iechyd a Llesiant y Boblogaeth



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HAPPEN: Health and Attainment of Pupils involved in a Primary Education Network

What is HAPPEN?

The HAPPEN Project, part of the **National Centre for Population Health and Wellbeing Research funded by Health Care Research Wales** and funded by the **ESRC**, is a network of health, education and research professionals who aim to improve child health, wellbeing and academic achievement.

HAPPEN was developed following interviews with head teachers who:

- ✿ Called for a better understanding of school needs in the development of health interventions
- ✿ Felt overburdened with initiatives
- ✿ Advocated for a more collaborative approach to improving child health through schools

The strong utilisation of consultation, engagement and collaboration has enabled the networks success to date. This continued partnership between schools, health professionals and researchers will help provide a more unified approach to improving child health and wellbeing.

What Does Membership Give My School?

As a member of the network your school can:

- ✿ Receive a report on the health and well-being of your pupils (fitness, BMI, physical activity, diet, sleep, self-assessed competence and happiness).
- ✿ Gain information on national and local initiatives that would help to address your school and pupils' needs.
- ✿ Talk with and share information of what works with other schools.
- ✿ Take part in national research to improve the health, well-being, and attainment of children in Wales.

This booklet aims to provide a list of the initiatives on offer for your school in Swansea to encourage and improve the wellbeing of pupils in our local area.

If you require any further support or advice on the data that is presented, or would like assistance in contacting HAPPEN partner health initiatives, please do not hesitate to contact HAPPEN at:

 www.happen-wales.co.uk

 happen-wales@swansea.ac.uk

 07834456632 01792295621



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Physical Activity

1 - Bronze Young Ambassadors – Sport Wales

Project aim

Bronze Young Ambassadors involves pupils in years 5 and 6 to act as champions of PE and school sport in their primary schools. They act as team leaders of other sports leaders and can become part of the 'sports crew' when they get to year 7 to support silver YA's.

What does the project entail?

Bronze YA roles includes:

- 🌸 Delivering the YA outcomes in their primary schools
- 🌸 Working with the teachers to organise events for the school
- 🌸 Leading and organising playground activities for Years 1-6
- 🌸 Forming part of the school council to deliver the YA outcomes
- 🌸 Becoming 'school sport reporters' showcasing the good work they are doing
- 🌸 Promoting sport within the school via newsletters and film
- 🌸 Supporting older leaders to deliver sessions in schools and communities
- 🌸 Presenting results of School Sport Survey to rest of school

Young Ambassador Pathway

The YA pathway in Wales consists of four levels ranging from Bronze Young Ambassadors in Primary schools, Silver and Gold Young Ambassadors in Secondary schools and colleges, up to Platinum Young Ambassadors who are the most experienced individuals.

Contact details

Twitter: [@YACymru](https://twitter.com/YACymru)

Facebook: [Young Ambassadors Wales](https://www.facebook.com/YoungAmbassadorsWales)

E-mail: aled.davies@youthsporttrust.org

The logo for Sport Wales, featuring the words 'sportwales' in a stylized, lowercase font with a red arrow pointing from the 't' to the 's' in 'wales'. Below it, the Welsh phrase 'chwaraeoncymsu' is written in a similar, colorful, handwritten-style font.

2 - Play Wales – The National Charity for Children’s Play

Charity aim

Play Wales is the national charity for children's play. They work to raise awareness of children and young people's need and right to play and to promote good practice at every level of decision making and in every place where children might play.

Resources for schools

Use of school grounds for playing out of teaching hours

A toolkit designed to help head teachers, governors and local organisations to work together to consider making school grounds available to local children out of teaching hours. It is designed to provide clear and concise information for school communities and their partners to assess the feasibility of making school grounds available for children’s play out of teaching hours.

[CLICK HERE](#)



[CLICK HERE](#)



Resources for playing – providing loose parts to support children’s play

A toolkit to support adults in the play, early years and education sectors to provide loose parts play within their settings. Loose parts create richer environments for children to play, giving them the resources they need to extend their play.

Right to Play Workshop

To raise children’s awareness of their right to play, Play Wales has developed a *Right to Play* workshop pack. It includes a workshop plan as well as materials and resources to support the local promotion, participation and advocacy of the right to play.

[CLICK HERE](#)



[CLICK HERE](#)



Playful Childhoods

Playful Childhoods is a Play Wales campaign that aims to help parents, carers and community groups give children plenty of good opportunities to play. The resources available on the website can also be used by professionals in their work with children and families.

Play for Wales magazine - Play in Schools Issue

[CLICK HERE](#)



Contact details

Email: mail@playwales.org.uk

Telephone: 029 2048 6050

Website: <https://www.playwales.org.uk/>



3 - BikeAbility Wales

Project aim

BikeAbility Wales is a charity that provides cycling opportunities to people of all ages and abilities. The aim is to give people the opportunity to improve their physical health and psychological well-being through cycling.

What does the project entail?

They provide many activities at BikeAbility Wales from teaching children and adults to ride a bike, cycle skills and road safety training, to bike maintenance, free companion rides and much more.

Contact details

Email: bikeabilitywales@ymail.com

Telephone: 07968109145 / 07584044284

Website: <https://www.bikeabilitywales.org.uk/>

Address: Dunvant Rugby Club, Broadacre, Killay, Swansea, SA2 7RU






4 - SUSTRANS

Project aim

They work with schools throughout Wales, enabling more children to travel to school by bike, scooter and on foot.

What does the project entail?

The work they do is creating healthier places and happier people:

-  **Active Journeys Programme:** Creating a culture that makes it easier for children to walk, scoot or cycle
-  **Sustrans School Mark:** Sustrans accreditation scheme for school active travel.
-  **The Big Shift Cymru:** Free online challenge for schools, designed to motivate the school community in Wales to travel more actively.

What is required from the school?

Schools can browse their free resources and guides for teachers in Wales to support and enable active travel to and from school. For resources, please click below.

[WELSH SCHOOL CURRICULUM
RESOURCES](#)



Contact details

Email: sustranscymru@sustrans.org.uk

Telephone: 02920 650602

Address: Sustrans Cymru, 123 Bute Street, Cardiff, CF10 5AE



5 - Muddy Faces

Project aim

Muddy Faces is an outdoor resources website dedicated to producing kits, guides and literature to help practitioners outdoors with a particular focus on Forest Schools. Examples of kits include the production of 'How To' cards for using tools and lighting fires, and their Forest School Leader's Guide for using knives with groups.

What does the project entail?

Muddy Faces provide an inspiring range of equipment that supports you in encouraging children to be outdoors, to be innovative and more resourceful. By providing a rich and challenging environment, children are free to explore and to think creatively which helps to build self-esteem and self-confidence.

Contact details

Email: info@muddyfaces.co.uk

Telephone: 0114 221 9617

Website: www.muddyfaces.co.uk



MUDDYFACES
Forest School, Outdoor Play and Learning

Diet and Dental Health

6 - Designed to Smile

Project aim

Designed to Smile is a targeted National Oral Health Improvement programme. Its primary focus is the improvement of the dental health of children in Wales.

What does the project entail?

Pupils in the targeted settings with consent take part in supervised tooth brushing, once during the school day. This is carried out on the school premises and is topical fluoride application a non-invasive prevention treatment. The team provides dental health education sessions and teaching resources e.g. age related PowerPoint presentations, mouth models, work sheets, puppets where possible.

What is required from the school?

- ✿ A designated area to carry out fluoride application during the school day, appointments to be arranged in advance with school.
- ✿ 100% commitment to partake in toothbrushing element.
- ✿ Access to a sink for cleaning of toothbrushing equipment.
- ✿ Classroom with PowerPoint facility

Contact details

Telephone: 01495 241865

Website: <https://www.designedtosmile.org>



7 - Eat Well Guide

Project aim

The Eat Well Guide is an NHS resource that shows how much of what we eat overall should come from each food group to achieve a healthy, balanced diet. Pupils can learn about food groups and diet.

Contact details

Website: <https://gov.wales/eatwell-guide>



8 - Nutrition Skills for Life Scheme

Project aim

The aim is to increase nutrition knowledge and skills of community workers including teachers, teaching assistants, other school staff and health professionals by developing their nutrition skills to enable them to support healthy eating, using evidence based, unbiased, current nutrition information.

What does the project entail?

The programme aims to reach community groups who may not have the confidence to prepare and eat a healthy balanced diet. By training those who work closely with, and understand the needs of local people, the programme successfully supports communities across Wales to learn more about healthy eating.

What is required from the school?

Staff will need to attend training/update events. There are ready to use resources available at the link below.

[SCHOOL RESOURCES](#)



Contact details

To find out more about **Nutrition Skills For Life** in each health board area in Wales please contact the following Registered Dietitians:

- 🌸 Abertawe Bro Morgannwg:
 - Rhian Marston: Rhian.Marston@wales.nhs.uk
 - Elizabeth Williams: Elizabetha.williams@wales.nhs.uk
- 🌸 Aneurin Bevan:
 - Caroline Bovey: Caroline.Bovey@wales.nhs.uk
- 🌸 Betsi Cadwaladr:
 - Public Health Dietitians: BCU.PublicHealthDietitians@wales.nhs.uk
- 🌸 Cardiff and Vale:
 - Emma Holmes: Emma.Holmes@wales.nhs.uk
- 🌸 Cwm Taf:
 - Shelley Wyr: shelley.wyer@wales.nhs.uk
- 🌸 Hywel Dda:
 - Janet Bouchier: janet.bouchier@wales.nhs.uk
- 🌸 Powys HB
 - Rhian Murphy: Rhian.murphy@wales.nhs.uk



9 - Sugar Swaps for Kids – Change4life

Project aim

Change 4 Life Wales wants to support families to start a healthier lifestyle by swapping sugar in your diet for healthier alternatives. Working together to create new meals can also help those notorious 'fussy eaters' become a bit more open to trying new foods whilst also allowing more time for the family to bind as a unit. A more nutritious start to the day has been shown to improve children's development and learning so is a crucial part of health and well-being.

What does the project entail?

The project provides recipe ideas for break, afterschool, puddings and drinks to allow families to lead a healthier lifestyle.

What is required from the school?

Download/access to the resources at the link below.

[SCHOOL RESOURCES](#)



Contact details

Email: change4life@wales.gsi.gov.uk

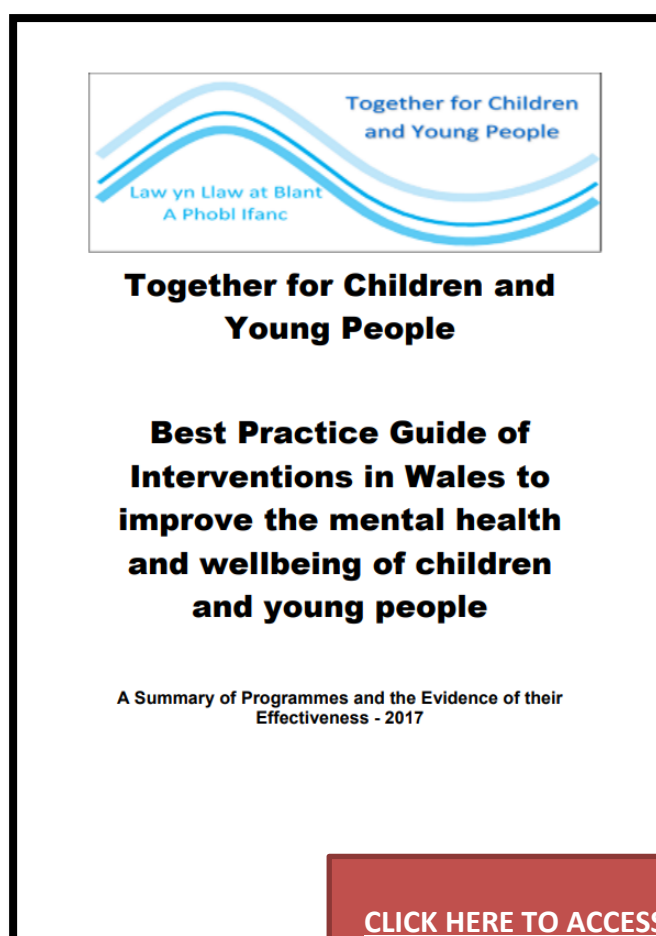


Mental and Emotional Health and Wellbeing

10 - Wellbeing Interventions – Best Practice Guide

Project aim

The Best Practice Guide is a free resource for primary schools, offering school staff information regarding wellbeing interventions in schools.



[CLICK HERE TO ACCESS THE GUIDE](#)

11 – Mentally Healthy Schools Resources

Project aim

Mentally Healthy Schools is a free website for primary schools, offering school staff information, advice and practical resources to better understand and promote pupils' mental health and wellbeing.

[CLICK HERE TO ACCESS THE WEBSITE](#)



12 - The Rainbow Tree Wales

Project aim

To provide mental health support for children aged 3 - 11 years and the adults who live or work with them. Children who receive play therapy are generally more able to engage in the classroom and there is a reduction in behaviour difficulties. Training for staff can enable greater understanding of some of the emotional difficulties which children can experience and learn skills which can support children to manage better within the classroom.

What does the project entail?

The Rainbow Tree Wales is able to provide 1:1 Play Therapy and Filial Therapy to children in South Wales, as well as training for staff in schools and social care settings. Play Therapists are trained to enable children to play through their worries and help to make sense of their world, sometimes using focused activities within the play therapy session. As an experienced education professionals they are also able to combine play therapy with support for schools, parents, carers and other professionals working with the child and family to ensure maximum benefits are achieved.

What is required from the school?

A room that can be set up as a play room, which is available at the same time each week.

Contact details

Email: ann.greenwood@therainbowtreewales.co.uk

Telephone: 07444 382605



13 - Bullies Out

Project aim

The Playground Pals programme was developed to encourage a healthier and more active playtime; one that is harmonious, increases friendships, reduces the potential for minor disputes and provides support for lunchtime supervisors.

What does the project entail?

12-15 pupils would be trained. Their roles would include:

- 🌸 Promoting friendships
- 🌸 Resolving friendship and low level issues
- 🌸 Supporting children in their play
- 🌸 Initiating games
- 🌸 Looking after younger children
- 🌸 Developing confidence, independence and responsibility

What is required from the school?

A large space for training. There is also a cost for the training.

Contact details

Email: mail@bulliesout.com

Website: www.bulliesout.com

Bullies  **Out**®

14 - JIGSAW

Project aim

Jigsaw 3 – 11, the mindful approach to Health and Wellbeing, is an integrated scheme of learning, for personal, social and health education, with particular emphasis on emotional literacy, mental health, social, moral, cultural and spiritual development.

What does the project entail?

Jigsaw provides teachers with detailed, weekly lesson plans and all the resources needed to deliver an engaging and relevant, spiral Health and Wellbeing curriculum. Furthermore, Jigsaw fully supports schools in fulfilling Donaldson's 4 Core Purposes, as feedback from children and staff in our Welsh schools using Jigsaw Programmes is already demonstrating. With mindfulness philosophy and practice woven throughout, Jigsaw is a unique, progressive and effective scheme of work for this area of the curriculum.

For resources please click link below.

[CLICK HERE FOR RESOURCES](#)



Contact details

Email: office@janlevergroup.com

Telephone: 01202 377193 or 01409 261684

Website: <https://www.jigsawpshe.com/health-and-well-being-wales/>

Address: Jigsaw PSHE Ltd, Northtown Farm, Milton Damerel, Holsworthy, Devon, EX22 7DN



15 - Social and Emotional Learning

Project aim

Interventions which target social and emotional learning (SEL) seek to improve pupils' interaction with others and self-management of emotions, rather than focusing directly on the academic or cognitive elements of learning. SEL interventions might focus on the ways in which students work with (and alongside) their peers, teachers, family or community.

Click below for more information about SEL.

[CLICK HERE FOR SEL INFORMATION](#)



Contact details

Email: info@eefoundation.org.uk

Personal Developments and Relationships

16 - Speak Out Stay Safe Programme - NSPCC

Project aim

Speak out Stay Safe is a UK wide NSPCC programme offering visits to all primary schools. They visit primary schools across the UK to give children the knowledge they need to stay safe from harm and to speak out if they are worried.

What does the project entail?

Specially trained staff and volunteers hold interactive assemblies and workshops. With the help of mascot, Buddy, they cover topics like bullying and abuse, but without using any scary words or adult language.

They give a presentation in assembly for children aged 5-11. Pupils learn about the different types of abuse, in a child-friendly and age appropriate way, so they can get help if or when they need it. We help them identify a trusted adult they can talk to if they're ever worried about themselves or a friend. And they learn about Childline, and how it can support them.

After the assembly there is followed by a 1-hour classroom workshop for children in Years 5 and 6 (England and Wales). Together, we explore the topics in more detail using engaging exercises to look at different situations and decide what's OK and what's not OK. Teachers are present throughout so everyone's familiar with the topics covered.

What is required from the school?

Request a Speak out Stay safe visit, please click the link below.

CLICK HERE



Contact Information

Telephone: 0116 234 7246

Website: <https://learning.nspcc.org.uk/>



NSPCC

**Speak out.
Stay safe.**

17 - Spectrum Project - Hafan Cymru

Project aim

Educating schools in Wales about healthy relationships and tackling domestic abuse.

What does the project entail?

The free, bilingual, workshops are closely linked to the curriculum and promote the importance of healthy relationships whilst raising the awareness of children, young people and adults about the issues of domestic abuse, sexual violence and violence against women. The engaging activities are designed to be thought provoking and promote peer discussion but are not intended to be so emotive as to cause distress.

The conclusion of every session provides information for young people on where they can access help and support both inside and outside of school. Spectrum also delivers training for school staff and governors about understanding the impact of domestic abuse on a child and raises awareness by looking at a whole school approach to tackling domestic abuse.

What is required from the school?

Schools can contact the Spectrum Project – this is a free service funded by the Welsh Government. The project will assist schools to make strategic changes that stem from a Healthy Relationships Self-evaluation Report.

There are free on-line resources available for teachers to use that can be downloaded from the Spectrum website.

[CLICK HERE](#)



Contact details

Email: Spectrum@hafancymru.co.uk

Telephone : 01267 225563



18 - Welsh Network Healthy Schools Scheme

Project aim

A Healthy School is one which takes responsibility for maintaining and promoting the health and wellbeing of all who 'learn, work, play and live' within it, not only by formally teaching pupils about how to lead healthy lives but by enabling pupils and staff to take control over aspects of the school environment which influence their health. It actively promotes, protects and embeds the physical, mental and social health and wellbeing of its community through positive action. This can be achieved by policy, strategic planning, staff development, curriculum and community relations.

Ultimately, the healthy schools scheme will have an impact on the overall health of pupils, staff and the community in schools who are engaged with the scheme.

What is required from the School?

All Schools should be signed up for the Healthy Schools Scheme.

Contact details

Blaenau Gwent	Shan Palmeria Shan.Palmeria@blaenau-gwent.gov.uk	Merthyr Tydfil/RCT/Bridgend	Julie Powell-Jones julie.powell-jones@wales.nhs.uk
Caerphilly	Adam Thomas THOMAA13@CAERPHILLY.GOV.UK	Monmouthshire	Emma Taylor EmmaTaylor@monmouthshire.gov.uk
Cardiff	Karen Trigg Ktrigg@cardiff.gov.uk	Swansea/Neath Port Talbot	Emma Griffiths emma.griffiths4@wales.nhs.uk
Carmarthenshire	Catrin Rees CLRees@carmarthenshire.gov.uk	Newport	Alyson Marchant alyson.marchant@newport.gov.uk
Ceredigion	Marion Clark marion.clark@wales.nhs.uk	Pembrokeshire	Liz Western liz.western@wales.nhs.uk
Conwy	Nia Rees-Williams Nia.Rees.Williams@conwy.gov.uk	Torfaen	Alison Dally alison.dally@torfaen.gov.uk
Denbighshire	Paula Roberts paula.roberts@denbighshire.gov.uk	Vale of Glamorgan	Christine Farr christine.farr@wales.nhs.uk
Flintshire	Claire Sinnott claire.sinnott@flintshire.gov.uk	Wrexham	Jonathan Miller jonathan.miller@wrexham.gov.uk
Gwynedd	Sarah Trotman Sarah.trotman@wales.nhs.uk	Ynys Mon	Carla Desmond CarlaDesmond@ynysmon.gov.uk
Powys	Mary Evans & Alison Merry mary.evans4@wales.nhs.uk / alison.merry@wales.nhs.uk		

The Community

19 - Keep Wales Tidy - Eco Schools

Project aim

Eco-Schools is an international environmental education programme developed by the Foundation for Environmental Education (FEE) in 1994 and run in Wales by Keep Wales Tidy. Eco-Schools is one of a kind – it's student led which means young people drive the programme. The programme is funded by Welsh Government and free for Local Authority schools, but Independent Schools are required to contribute towards the support they receive.

What does the project entail?

It's designed to empower and inspire young people to make positive environmental changes to their school and wider community, while building on their key skills, including numeracy and literacy, and encompassing Education for Sustainable Development and Global Citizenship.

An Eco-School receives dedicated support from a Keep Wales Tidy Eco-Schools Officer and is guided through the Eco-Schools programme, application and awards process. The great thing about the programme is that there's always room to develop and build on the incredible work that the students do, at every age.

What is required from the School?

Schools need to register via the link below.

[REGISTER HERE](#)



Schools that are already registered can log on via the link below.

[LOG IN HERE](#)



Contact details

Email: info@keepwalestidy.cymru

Telephone: 029 2025 6767

Addresses:

Head Office: 33-35 Cathedral Road, Cardiff, CF11 9HB

North Wales Office: Y Cartref, Bontnewydd, Caernarfon, Gwynedd, LL54 7UW (07824 504800)

West Wales Office: 3 Neptune House, Nelson Quay, Milford Marina, Milford Haven, SA73 3BH (01646694800)



20 - Natural Resources Wales – Education, Learning and Skills

Project aim

Natural Resources Wales' purpose is to pursue sustainable management of natural resources in all of its work. This means looking after air, land, water, wildlife, plants and soil to improve Wales' well-being, and provide a better future for everyone. Aim to provide an enabling service through advice and guidance.

What does the project entail?

NRW's Education, Learning and Skills main function is to provide an enabling service through advice and guidance to help people live healthier and more fulfilled lives through connecting people and communities with our natural resources. Pupils and teachers are provided with guidance on how to engage with the natural environment.

What is required from the school?

To engage with the resources provided. Please click link below to access them.

CLICK HERE FOR
RESOURCES



Contact details

Email: enquiries@naturalresourceswales.gov.uk

Address: Natural Resources Wales, Customer Care Centre, Ty Cambria, 29 Newport Rd, Cardiff, CF24 0TP



Cyfoeth Naturiol Cymru
Natural Resources Wales

21 - Fire and Rescue Service – Schools Education

Project aim

Working in partnership with schools is key to their preventative efforts, helping keep communities safe.

What does the project entail?

- 🌸 Preventing children and young people being harmed or killed in accidental fires or causing fires through ignorance or carelessness
- 🌸 Preventing children and young people becoming involved in fire crime and associated anti-social behaviour
- 🌸 To work co-operatively to maximise the impact of resources on improving outcomes
- 🌸 To fully evaluate the effect of the initiatives and interventions with partners

What is required from the school?

To engage with the resources provided. Please click link below to access them.

[CLICK HERE FOR
RESOURCES](#)



Contact details

Email: swfs@southwales-fire.gov.uk

Website: <https://www.southwales-fire.gov.uk/contact-us/>

Address: South Wales Fire & Rescue Service, Forest View Business Park, Llantrisant, CF72 8LX

22 - Ordinary Day DVD Emergency Life Skills

Project aim

This DVD is available for Heartstart schemes teaching lifesaving skills to children and young people, aged 5-15 years. Heartstart courses include CPR, the recovery position and recognising the signs of a heart attack. This DVD includes a range of situations for training including choking, serious bleeding, a suspected heart attack and cardiac arrest. It is designed for children and young people, aged 5-15 years, illustrating specific emergency life support skills.

The pupils will be exposed to emergency life skills in an age appropriate manner, which will enable them to learn vital emergency aid skills.

What is required from the school?

To engage with the resources provided. Please click link below to access them.

[CLICK HERE FOR
RESOURCES](#)



Contact details

Email: heretohelp@bhf.org.uk

General Enquiries Telephone: 0300 330 3322

Publication Orders Telephone: 0870 600 6566



23 – Children’s Commissioner for Wales

Who is the Children’s Commissioner for Wales?

Sally Holland has been the Children’s Commissioner for Wales since April 2015. Her job is to tell people why children’s rights are so important, and to look at how the decisions made by public bodies in Wales, including Welsh Government, affect children’s rights. She has a team of people who work with her to make this happen.

What does the Children’s Commissioner for Wales do?

- ✿ Supports children and young people to find out about their rights under the United Nations Convention on the Rights of the Child (UNCRC)
- ✿ Listens to children and young people to find out what’s important to them
- ✿ Advises children, young people and those who care for them if they think they’ve been treated unfairly
- ✿ Influences government and other organisations who say they’re going to make a difference to children’s lives, making sure they keep their promises to children and young people
- ✿ Speaks up for children and young people in Wales on important issues

What is required from the school?

Please click link below for resources.

[CLICK HERE FOR
RESOURCES](#)



Contact details

Email: post@childcomwales.org.uk

Telephone: 01792 765600

Freephone: 0808 801 1000

Website: <https://www.childcomwales.org.uk>

Address: Oystermouth House, Phoenix Way, Llansamlet, Swansea, SA7 9FS



**Comisiynydd
Plant Cymru**

Children’s
Commissioner
for Wales

24 - Barod Cymru – Choices, Young Person's Service

Project aim

Barod is an independent charity, which provides a range of services for substance users, their families and friends. The project, which advocates a harm reduction philosophy, is a first point of contact for individuals who are seeking support, advice and guidance in relation to substance misuse as well as several additional social problems such as health, housing, education, employment, mental health, benefits and legal problems. The service enables its services within the co-production model exemplified by the partner agencies within its premises.

What does the project entail?

The Choices Team focus on young people 11 – 25 years for a range of support needs with substance misuse at the core. Whether the referral is for concerns around a young person's use, or their need for support while living with a loved one/s who are misusing substances. Once referred, a holistic approach to support the young person as a whole is delivered in the aim to give the young person more opportunities and choice, and to empower them. The Choices team deliver PSHE sessions within some primary and the all the secondary schools across Swansea which have been successful and in turn has raised the profile and referral rates.

There is support available that is well structured, consistent and addresses the needs of families which can produce significant benefits to their personal health well-being and their relationships. Also strong links with curriculum with regards to PSHE.

To see the training, please click the link below.

CLICK HERE FOR
TRAINING



What is required from the school?

-  Laptop
-  Projector
-  Involvement in organising family/parent sessions if this is desired

Contact details

Email: <http://barod.cymru/contact/> or Sarah.James@barod.cymru

Website: <http://barod.cymru/>

Address: Evolve, 47 The Kingsway, Swansea SA1 5HG.

barod

Progress of **HAPPEN** to date has been enabled through funding from the Economic & Social Research Council (ESRC) and the National Centre for Population Health and Wellbeing Research (NCPHWR). We aim to improve child health, wellbeing and academic achievement for all pupils in the Swansea area.



For further information regarding HAPPEN please contact:

happen-wales@swansea.ac.uk
07834456632 or 01792 295621

Thank you for being a member of the HAPPEN project.

For more information visit:

www.happen-wales.co.uk

